
V GF FRESH JUICES

BACKACHE ... 5.25

Ginger root, apple, seltzer, and ice

FRESH COMPLEXION ... 5.25

Pineapple, cucumber, celery, and apple

GAIL'S KALE ... 5.25

Kale, apple, celery, cucumber, beet, and lemon

ANGRY GREEN APPLE LEMONADE ... 5

Apple, ginger, lemon and ice topped with cayenne pepper

MOOD ENHANCER ... 5.25

Beet, spinach, carrot, and apple

BODY CLEANSER ... 5.25

Cucumber, beet, carrot, and apple

WAKE UP CALL ... 5.25

Carrot, apple, and ginger

WHEAT GRASS ... 3.25 FOR 10Z/5.75 FOR 20Z

Cleans the body of toxins

ORANGE JUICE ... 4.25

GINGER SHOT ... 3

Freshly juiced ginger, lemon and cayenne

PINEAPPLE, CRANBERRY, OR GRAPEFRUIT ... 3.75

FRESH JUICED CARROT JUICE ... 4.25

FRESH SQUEEZED LEMONADE ... 4.25

Sweetened or unsweetened

JUICE & SELTZER ... 4.25

Cranberry, orange, lemon, grapefruit, or pineapple juices

COLD DRINKS

FRESH BREWED ICED COFFEE OR ICED TEA ... 2.75

Black, Moroccan Mint, or Hibiscus Blend

PERRIER ... 2.95

POLAND SPRING ... 1.95

WHOLE OR SKIM MILK ... 1.95

V SOY MILK OR ALMOND MILK ... 2.70

SODAS ... 2.00

Coke, Diet Coke, Sprite, Ginger Ale, Club Soda

GF BUBBLE TEAS

THAI CHAI ... 5.75

Chai tea blended with vanilla ice cream,
with tapioca pearls

V ICED ROOIBOS LATTE ... 5.75

A double shot of Rooibos with soy milk and vanilla
over ice, with tapioca pearls

FRAPPES AND SMOOTHIES

V GF GREEN MONSTER ... 6.50

Spinach, mango, banana, pineapple juice, orange juice

V GF BREAKFAST SMOOTHIE ... 5.95

Banana, oats, kale, coconut oil and almond milk

V GF CHIA BERRY ... 5.95

Chia seeds, mixed berries, banana,
pineapple & cranberry juices

GF AVOCADO ALMOND ... 5.95

Avocado, banana, almond milk and honey

V GF CO CO BANANA ... 5.95

Chocolate syrup, banana, and soy milk

GF GRAPEFRUIT SUNRISE ... 5.25

Grapefruit juice blended with banana, strawberry,
honey, and strawberry yogurt

TRIDENT SMOOTHIE ... 5.25

Apple, banana, strawberry yogurt,
wheat germ, honey, and orange juice

V GF ANTIOXIDANT SMOOTHIE ... 5.25

Strawberry, mango, banana, and orange juice

GF MANGO TANGO ... 6.50

Mango, orange juice, honey and vanilla ice cream

GF CAPPUCINO MILKSHAKE ... 5.50

Chocolate ice cream, chocolate syrup,
espresso, and chocolate milk

ADD-INS ... 1.25 EACH

COCONUT OIL-

Boosts metabolism, aids immune system,
helps improve cholesterol levels

BEE POLLEN-

Counteracts the effects of aging

PROTEIN POWDER-

Provides energy, builds & repairs body tissue

WHEAT GERM-

Improves vitality and promotes heart health

CHIA SEEDS-

Satiates hunger.

High in Omega-3 fatty acids, fiber, and antioxidants

ADD PEANUT BUTTER OR BUBBLES for .50

Before placing your order please inform your server if a person in your party has a food allergy.